

# Family Services of the North Shore

annual report 2006/2007



Volunteers . . . the heart of our community



## Executive Director & Presidents' Report

In 2006/07, Family Services of the North Shore (FSNS) sharpened its focus on supporting the goal to build a safe, strong North Shore community. We ensured we were aligned with our funders, donors, staff and volunteers by strategically opening communication opportunities through face to face meetings and on our web site. We have built new partnerships and pursued new initiatives while continuing to deliver quality cost effective programs to the North Shore community.

In April 2006, we signed an agreement with North Shore Automall in support of our Safer Places initiative. This program provides comprehensive therapeutic support services for children, youth and adults affected by family violence and sexual abuse. North Shore News, Park Royal Shopping Centre and North Shore Credit Union continued, as in past years, to support the work of the agency. Outline Graphics, **Bond Reproductions and Contact** Printing made the branding of the agency and its print materials all happen.

The Board appointed Sue Bauman Executive Director in June 2006. Sue brought nine years of staff experience and a passion for the Agency to her new position. Mimi

Hudson, Director of Community Programs, Julia Staub French, Director of Clinical Programs and David Nanton, Acting Director of Finance complete the Senior Management team.

We made volunteer recognition a priority in the agency this year. Beginning with our June Annual General Meeting, the volunteers in our Palliative Care program were honoured, with special recognition to those with twenty five years of service.

Building on the North Shore Palliative Care Program partnership with Lions Gate Hospital Foundation and Vancouver Coastal Health, an agreement was signed by all organizations plus Lions Gate Hospice Society in September. Together we will work to raise 7.7 million dollars to build a free standing Hospice on the North Shore. The hospice will provide 24 hour, quality, end-of-life care in a home-like setting to stable terminally ill individuals who are no longer receiving active treatment. Our volunteers will continue their work at Lions Gate Hospital and in the new Hospice. As well, our grief and loss partnership with Vancouver Coastal Health will continue to expand to ensure the needs of families are met.



A staff retreat was held in October and the opinions and ideas of staff were presented at the Annual Board Retreat in November. This led to the creation of an operational plan for the agency and the development of program goals to ensure the needs of the agency and the community continue to be met.

We couldn't do our work without the support of our donors and funders. The United Way, the North Shore municipalities and our government contracts guarantee our services are affordable and accessible to the community.

Our donors made December a month to remember. The Moustache Cafe event hosted by owner Geoff Lundholm, the Christmas Bureau Direct Mail Campaign and the 21st Annual Winter Family Ball at the Fairmont Hotel Vancouver all contributed to the financial stability of the agency. These events help fund clinical services in our community and food hampers and toys for over 700 families through the North Shore Christmas Bureau.

In February, over 200 parents attended an evening with noted parent educator Alfie Kohn. This was made possible through a collaboration with North Shore Neighbourhood House, WECAN
Early Childhood Network and North
Shore Community Resources.

Throughout the year, FSNS continued to deliver quality cost effective programs to the community including: Parent Education classes; *I hope family centre;* Creating New Patterns- Building Healthy Relationships; Adaptation Orientation and Integration; North Shore Christmas Bureau and Palliative Care.

We also offered clinical programs including: Family Counselling; Family Support and Preservation; Trauma programs under the Safer Places umbrella and Grief and Loss counselling.

As we look forward to 2007/08 we will continue our focus on serving the North Shore community. We will support our volunteers, funders and donors. In our continued effort to meet the needs of our community, FSNS will develop new programs including: a peer support group for parents of children with eating disorders; groups for men who are facing separation and divorce and a focus on the middle years of childhood. When appropriate, we will collaborate to ensure cost effective use of our resources.



## Executive Director & President's Report

We hope to begin a series of parent education workshops in collaboration with community partners in order to reach as many parents in the North Shore community as possible. We will open our award winning *I hope family centre* at a new location, next door to FSNS, in the Fall 2007 without any disruption of service to our parents and children.

FSNS will continue to be a community hub; a place where families, couples and individuals of all ages can access innovative, quality programs and services. We look forward to 2007/08.

**Sue Bauman,**Executive Director

**Christine Read,** President, Family Services of the North Shore Board of Directors

Joyce Hodge, President,
Family Services of the North Shore
Foundation Board of Directors







### 2006/07 Board of Directors



## Family Services of the North Shore

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### **Continuous Quality Improvement**

Continuous Quality
Improvement (CQI) is an organization process in which staff identify, plan, and implement ongoing improvements in service delivery. CQI provides a vital way to assess and monitor the delivery of services to ensure that they are consistent with an organizations best practice clinical principals.

### 2006-2007 Annual Report

A peer review of program files of programs at Family Services of the North Shore has been completed for year three. This year Family Therapy (FT), Employee Assistance (EAP), Stopping the Violence (STV), Child and Adolescent Sexual Abuse (CASA), Family Preservation (FP), Family Support (FS), Learning Together Through Play (LTTP) and Adaptation, Orientation and Integration (AOI) were covered in the review. The Closer Connections program has been absorbed into Family Therapy and Palliative Care was removed from the list as it was determined not to be a "service area" under our COA accreditation. By the end of fiscal 2006/2007, we had completed 14 Peer Record Reviews since introducing the Continuous Quality Improvement (CQI) process.

### Summary of Findings - 2006/2007

### **Areas of Improvement**

We continue to see overall improvement in file documentation with fewer files showing areas of concern. At one time, merely locating files for review was a problem. This has improved greatly. Client's therapeutic process is well documented and there has been an increased use of program records both within the Agency and as a method of review for CQI. Quality record keeping gives us accurate demographics and other markers. It also facilitates appropriate follow-up on files where there have been critical incidents or suspected child abuse reports. Client satisfaction surveys report positive experiences with our Agency in all programs.

### **Areas Requiring Review and Improvement**

We are striving for more consistency between electronic and paper records for file closures to ensure that CIMS data is more accurate and up-to-date.

Communication between the CQI team and management is also improving to ensure areas of concern are addressed at an appropriate level and follow-up is documented

appropriately. Improved communication between staff and the CQI team will ensure changes affecting files are made in a timely manner. The process of collecting and analyzing information on our Education programs is also under review in order to achieve the best information for evaluation.

The CQI team has concentrated on improved forms and file formats to ensure documentation is gathered efficiently and duplication is minimized while service to clients is maximized. This has been accomplished through conforming to the standards set out in accreditation.

We look forward to the challenges of the next year, which will bring further changes as we incorporate the new Canadian standards from COA into our Continuous Quality Improvement process.

Respectfully submitted by:
Kathleen Whyte
Chair, CQI Committee 2006-2007
April 17, 2007

### A partnership that's closing in on a dream



The dream of having a free-standing hospice on the North Shore has existed for some 20 years. The vision has always made eminent sense, but today the needs of the community and demographic indicators are such that establishing a North Shore Hospice is a top priority for Vancouver Coastal Health (VCH). Today, four key partners – Lions Gate Hospital Foundation, Family Services of the North Shore, Lions Gate Hospice Society and VCH – share the resolve to turn this long-time dream into reality. VCH will supply the land, valued at \$2.6 million, and cover ongoing operating costs. The partners will raise the \$7.7 million needed to construct the building.



- A hospice is not only for the elderly. People of all ages are diagnosed with life-threatening illness.
- The North Shore cares for 300 to 400 palliative care patients a year.
- By 2020, 500 to 700 patients will require end of life palliative care.
- More than 2,500 individuals annually will benefit from community outreach and grief and bereavement programs.
- In 2006, 100 volunteers provided 8,300 hours of non medical service to palliative care patients.

"I have lived on the North Shore for more than 30 years, and for the past 16 years, I have served on the board of Family Services of the North Shore (FSNS). Palliative care has always been close to my heart. Over the years of my involvement with FSNS, I have witnessed the need for a hospice in our community, so it is with great conviction and passion that I embrace my role as chair of the campaign to raise funds to build the North Shore Hospice."

-Joanne Houssian, Campaign Chair Director, Lions Gate Hospital Foundation



Campaign partners from left to right Cindy Welsh (VCH) Janice Welbourn (FSNS) Cynthia Startup (VCH) Sue Bauman (FSNS) Judy Savage(LGH Fdn.)



# Thank you to our Donors 2006/07, You helped us build a safe, strong community!

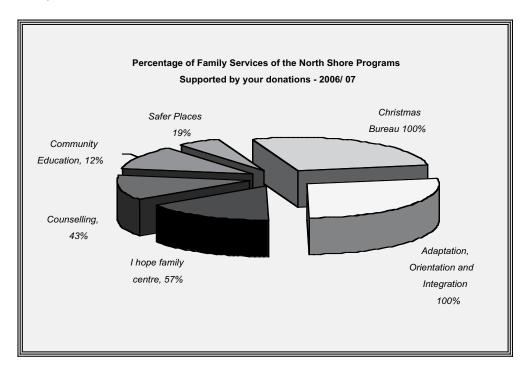


Left - right: James Carter, President Carter Chevrolet; Ian Quinn, General Manager North Shore Acura: Chris Read, President FSNS; Sue Bauman, Executive Director FSNS

Each year our donor's generosity supports the programs of the agency through the Winter Family Ball and Silent Auction, Moustache Cafe, United Way Donor Designation and the Christmas Bureau. As a not for profit agency, we fundraise 38% of our annual budget. Your financial contributions ensure our programs meet the needs of our North Shore community. Last year your donations helped:

- 1,375 individuals through the Christmas Bureau.
- 89 individuals through our Adaptation, Orientation and Integration Program.
- 576 North Shore families with 4,500 hours in our Family Counselling program.
- 478 individuals receive 5,816 hours of counselling and education through our Safer Places program
- 200+ adults attend our Parent Education programs.
- 200 families attend I hope family centre

How your donations worked;



Donate online through www.canadahelps.org or call 604.988.5281

### Donors 2006/07



This list reflects contributions of \$500 or more made to Family Services of the North Shore, the Foundation and the Christmas Bureau between April1, 2006 and March 31, 2007. We would also like to thank all the Anonymous donors who designated funds through the United Way campaign.

### Adaptation, Orientation • Holly Gordon and Integration

- F. Adab Architects Inc.
- Foundation For Youth
- Parissa Laboratories Inc.
- City & Guilds Development Corporation
- City of North Vancouver

### Counselling & **Safer Places**

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- All West Insurance Services
- Angus Reid Foundation
- Anonymous Donors
- Anonymous Donor (deceased)
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### I hope family centre

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- Capilano Lions Club
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- January 31, 2007 Family Services of the North Store \$ 10,000

Left - right: Cindy Papa, Park Royal Marketing Director, Sue Bauman, Executive Director FSNS; Diana Cowden, Manager Fund Development FSNS; Kristy Lowes, Marketing Assistant.

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Suite 101 255 West 1st Street North Vancouver, BC V7M 3G8

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