



*“This illness has created so much chaos and fear in our family’s life...coming to the group really helped me gain some perspective on this extremely difficult and confusing illness.”*

*Group Member*

**Family Services of the North Shore**

101 – 255 West 1<sup>st</sup> Street  
North Vancouver, Bc V7M 3G8  
Phone: 604-988-5281  
Fax: 604-988-3961

Web address:  
[www.familyservices.bc.ca](http://www.familyservices.bc.ca)

*Caring for our community*



## Eating Disorder Support Group

*For parents, partners and caregivers*

Support is crucial for everyone involved with an eating disorder: This is a support group for parents and partners who deal with the challenges and struggles of having a family member with an eating disorder. Through this group you can:

- Share your experiences and ask questions in a supportive environment,
- Learn that you are not alone in this experience,
- Gain strength and wisdom from others who have “been there”; and
- Expand your knowledge of the supports and resources available to you.

### Group Details

**Dates:** Meets every 2<sup>nd</sup> and 4<sup>th</sup> Monday of the Month.  
**Note: no meeting if Monday falls on a holiday.**

**Time:** 7:00 p.m. – 8:30 p.m.

**Location:** Family Services of the North Shore

**Cost:** No fee

### Facilitator

**Shelley Hine M.A., R.C.C.**, counsels individuals and families at Family Services of the North Shore, and is also an on-site counselor at the “I hope family centre”, a drop-in family resource program for parents and children. Shelley has over 10 years of experience facilitating support groups.

### To Register/For More Information

Call Shelley at 604-988-5281, ext. 204.