

## Family Services of the North Shore



### Understanding Me Respecting YOU

*A group for men who are abusive in their relationships*

Through this group you will:

- Understand why you engage in abuse and how it impacts your partner,
- Identifying values and attitudes that lead to healthy relationships,
- Understanding factors that get in the way of stable relationships, and
- Explore how societal values can create a personal culture of violence against women.

#### Group Details

**Dates:** Mondays, September 13<sup>th</sup> to December 26, 2010

**Time:** 6:00 p.m. – 8:30 p.m.

**Location:** I hope family Centre, Maplewood  
399 Seymour River Place, North Vancouver  
(adjacent to Maplewood Farm)

**Cost:** No fee

#### Requirements

Participants must:

- Attend all group sessions
- Have a strong desire to cease and desist from all abusive behaviour
- Be committed to improving relationships

#### Co-Facilitators

**Mario Testani M.A., R.C.C., and Vera Krajic B.A.,** work at Family Services of the North Shore. They specialize in working with couples both individually and in a group format. In addition, both have expertise in working with high-risk families, individuals, couples and teenagers. Both have experience working with grief and loss, anger management, stress reduction, violence and abuse.

#### To Register/For More Information

Call the FSNS Intake Worker at 604-988-5281, ext. 202.

#### Family Services of the North Shore

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*Caring for our community*

