

Family Services of the North Shore



Parenting the Middle Years and Beyond

An Educational Group for Parents of Children Ages 10-15

The purpose of the group is to educate parents on how to communicate effectively with their children. It will most importantly give parents a chance to share their experience in the group and to seek support and learn from each other. The main topics that will be covered in the group are:

- Family communication
- Purpose of children's behaviour
- Applying effective consequences for the child's behaviour
- Encouragement

Group Details

Dates: Wednesdays, from June 30th to August 18th, 2010
(8 weeks)

Time: 6:30 p.m. – 8:30 p.m.

Location: Family Services of the North Shore

Cost: No fee

Facilitators

Saba Golchin is a youth program coordinator at North Shore Multicultural Society and is currently pursuing her Master's Degree in Counselling Psychology. For the past 5 years she has worked with various youth and their families in the non-profit sector.

Shabnam Moulaei has a Bachelor's degree in psychology. She has volunteered as a facilitator in Surrey Place Centre which involved working with special needs children. She is currently a Master student of Counselling Psychology.

To Register/For More Information

Call the FSNS Intake Worker at 604-988-5281, ext. 202.

Student supervision will be conducted by Julia Staub-French, M.A., RCC #2035, Clinical Director for Family Services of the North Shore.



Family Services of the North Shore

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Caring for our community

