



Marvels, Mysteries and Madness of Adolescence A Discussion Group for Parents

Do you want some help and support with these parenting challenges?

- Wondering how to deal with curfew?
- Not sure what is “normal” use of alcohol? Drugs?
- Concerned about who they are hanging out with?
- Tongue tied when trying to talk to them about sex?
- Unsure how to keep them safe when they go online?
- Tired of battling with them about chores?
- Unsure whether to monitor what they are wearing?

Come to our teen series on parenting adolescence. A discussion forum to ask questions, get parenting tips and compare notes on what's normal.

Group Details

Dates: 4 Tuesdays, October 27, 2009 to November 17, 2009

Time: 7:00 p.m. – 8:30 p.m.

Location: Family Services of the North Shore

Cost: \$25 per session (\$100 Total)
**Fee may be reduced based on parent income

Co-Facilitators

Jill Blair – M.A., R.C.C., *Jill is the Program Manager and Clinical Supervisor of the Child and Adolescent Sexual Abuse Program. She has been working with youth for 15 years and has a keen interest in teen's relationships with their parents. Jill has worked in high schools teaching sex education, mediated between parents and their children, and helped parents build closer relationships with their teens. She is family systems trained and has specialized in family therapy.*

Karen White – MA, R.C.C., *Karen is an experienced therapist who has worked with adolescents and their parents to build healthier relationships. She has recently been co-facilitating a group for parents who are concerned about their adolescent's potential alcohol and drug misuse. Karen uses a strong foundation in family systems, solution focused and narrative therapy. She has a diverse background in counselling, teaching and business. She specializes in parent child relationships, grief and loss, relationship issues, marital conflict, addictions, communication skills, life transitions and stress.*

Family Services of the North Shore

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Caring for our community

We recognize and acknowledge the financial assistance of the Province of British Columbia, City of North Vancouver, District of North Vancouver and District of West Vancouver.



To Register/For More Information

Call the FSNS Intake Worker at 604-988-5281, ext. 202.