

Invitation to Relaxation



Are you, or is a loved one living with:

- **Severe effects of cancer treatment,**
- **The death of a loved one,**
- **Disability*, or**
- **Terminal illness?**

If so, you may be eligible to experience complementary treatments of energy healing or gentle touch. Trained **Companioning Community Care** Volunteers with **Family Services of the North Shore** are offering treatments of these complementary therapies at no charge. An accompanying family member or friend is also welcome to participate. Register early to avoid disappointment.

**Some restrictions may apply, based on our ability to provide the required support.*

Where/When: Delbrook Palliative Care Centre—Wednesdays at 1:15 pm or
Mollie Nye House—Thursdays at 9:20 and 10:20 am

Register: Call 604-985-8713 or email Quenneville@familyservices.bc.ca

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 **Family
Services
North
Shore**
Caring for our Community

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