



fsns Family Services of the North Shore



Parenting in the Midst of Relationship Violence & Abuse

Short-term counselling (10-weeks) aimed to support women who are managing the effects of relationship abuse on themselves and their children.

We believe that women who are parenting in the midst of violence face unique challenges. The goal of this short term service is to provide emotional support, knowledge sharing and linkages to other services. The service will be tailored to meet each woman and child's individual needs, although our experience tells us that many women share a lot of the same concerns. Some are.....

- How do I keep my child and myself safe?
- Why is this happening to me? Is it my fault?
- He says he will change, but he never really does?
- What services are out there to help me?
- Is it better for my child if I stay or if I leave?

We are here to help you find your own answers to these questions and to help you connect with the resources that are available to you.

Cost

There is no cost for this program.

Facilitators

Services are provided by Family Support Workers qualified with a bachelor degree in social work or other human service field and who have an understanding about the effects of violence on women and their children.

To Register/For More Information

Call the FSNS Intake Worker at 604-988-5281, ext. 202.

Family Services of the North Shore

101 – 255 West 1st Street
North Vancouver, Bc V7M 3G8
Phone: 604-988-5281
Fax: 604-988-3961

Web address:
www.familyservices.bc.ca

Building a safe,
strong community

