

Family Services of the North Shore



Understanding Me Respecting YOU

A group for men who are abusive in their relationships

Through this group you will:

- Understand why you engage in abuse and how it impacts your partner,
- Identifying values and attitudes that lead to healthy relationships,
- Understanding factors that get in the way of stable relationships, and
- Explore how societal values can create a personal culture of violence against women.

Group Details

Dates: Mondays, February 1st to May 10th, 2010

Time: 6:30 p.m. – 8:30 p.m.

Location: I hope family Centre, Maplewood
399 Seymour River Place, North Vancouver
(adjacent to Maplewood Farm)

Cost: No fee

Requirements

Participants must:

- Attend all 11 group sessions
- Have a strong desire to cease and desist from all abusive behaviour
- Be committed to improving relationships

Co-Facilitators

Mario Testani M.A., R.C.C., and **Shelley Hine MA, R.C.C.**, are psychotherapists at Family Services of the North Shore. They specialize in working with couples both individually and in a group format. In addition, both have expertise in working with high-risk families, individuals, couples and teenagers. Both have experience working with grief and loss, anger management, stress reduction, violence and abuse.

To Register/For More Information

Call the FSNS Intake Worker at 604-988-5281, ext. 202.

Family Services of the North Shore

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Caring for our community

