



Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>CLOSED at 101 - 255 W. 1st. St. Please see separate schedule for Maplewood location programs</p>	<p>3</p> <p>CLOSED at 101 - 255 W. 1st. St. Please see separate schedule for Maplewood location programs</p>	<p>4</p> <p>9:15 – 11:30 a.m. - *LTTP</p> <hr/> <p>1:15 - 3:30 p.m. - *LTTP</p> <hr/> <p>5:30 – 7:30pm - *LTTP</p> <p><i>Counsellor: p.m. & evening</i></p>	<p>5</p> <p>10:00 a.m. – 12:00 noon Breastfeeding/Postpartum Support</p> <hr/> <p>Closed p.m. at West 1st Open p.m. at Maplewood</p>	<p>6</p> <p>9:15 – 11:30 a.m. - *LTTP Parent Education a.m. Topic: Mealtime tips</p> <hr/> <p>1:15 - 3:30 p.m. - *LTTP</p>
<p>9</p> <p>CLOSED at 101 - 255 W. 1st. St. Please see separate schedule for Maplewood location programs</p>	<p>10</p> <p>CLOSED at 101 - 255 W. 1st. St. Please see separate schedule for Maplewood location programs</p>	<p>11</p> <p>CLOSED Remembrance Day</p>	<p>12</p> <p>10:00 a.m. – 12:00 noon Breastfeeding/Postpartum Support</p> <hr/> <p>Closed p.m. at West 1st Open p.m. at Maplewood</p>	<p>13</p> <p>9:15 – 11:30 a.m. - *LTTP Guest: Dental Hygienist p.m.</p> <hr/> <p>1:15 - 3:30 p.m. - *LTTP</p>
<p>16</p> <p>CLOSED at 101 - 255 W. 1st. St. Please see separate schedule for Maplewood location programs</p>	<p>17</p> <p>CLOSED at 101 - 255 W. 1st. St. Please see separate schedule for Maplewood location programs</p>	<p>18</p> <p>9:15 – 11:30 a.m. - *LTTP Guest: Infant Development Consultant a.m.</p> <hr/> <p>1:15 - 3:30 p.m. - *LTTP Guest: Children's Librarian p.m.</p> <hr/> <p>5:30 – 7:30pm - *LTTP</p> <p><i>Counsellor: evening</i></p>	<p>19</p> <p>10:00 a.m. – 12:00 noon Breastfeeding/Postpartum Support</p> <hr/> <p>Closed a.m. & p.m. at West 1st Open p.m. at Maplewood</p>	<p>20</p> <p>9:15 – 11:30 a.m. - *LTTP</p> <hr/> <p>1:15 - 3:30 p.m. - *LTTP</p>
<p>23</p> <p>CLOSED at 101 - 255 W. 1st. St. Please see separate schedule for Maplewood location programs</p>	<p>24</p> <p>CLOSED at 101 - 255 W. 1st. St. Please see separate schedule for Maplewood location programs</p>	<p>25</p> <p>9:15– 11:30 a.m. - *LTTP</p> <hr/> <p>1:15 - 3:30 p.m. - *LTTP</p> <hr/> <p>5:30 – 7:30 p.m. – LTTP</p> <p><i>Counsellor: a.m. & evening</i></p>	<p>26</p> <p>10:00 a.m. – 12:00 noon Breastfeeding/Postpartum Support</p> <hr/> <p>Closed a.m. & p.m. at West 1st Open p.m. at Maplewood</p>	<p>27</p> <p>9:15 – 11:30 a.m. - *LTTP</p> <hr/> <p>1:15 - 3:30 p.m. - *LTTP</p>
<p>30</p> <p>CLOSED at 101 - 255 W. 1st. St. Please see separate schedule for Maplewood location programs</p>	<p>I Hope Family Centre will close for the month of December 09. Reopening Thursday January 7th at Maplewood and Friday January 8th at West 1st St.</p>	<p>We hope you enjoy this season of holidays and look forward to seeing everyone in January.</p>		<p>*LTTP – Learning Together Through Play – is the centre's no fee, drop in program for parents, caregivers and their children aged 0-6 years. Each session includes free play, art activities, circle and snack time.</p>

We are grateful for funding from:

Anonymous Foundation, Capilano Lions Club, CKNW Orphan's Fund, Spectra Energy, Five Anonymous Families, Family Resource Programs of BC, Public Health Agency of Canada (CAPC), Mount Seymour Lions Club, North Vancouver School District #44

We recognize the continuing contribution of the City of North Vancouver, District of North Vancouver and District of West Vancouver



November 2009 Schedule

I hope family centre
North Shore Families Learning Together
 Maplewood
 399 Seymour River Place, North Vancouver, B.C.

Website: www.familyservices.bc.ca

Formerly Westcoast Energy Children's Centre



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<p>9</p> <p>9:15 – 11:30 a.m. - *LTTP Guest: Dental Hygienist Counselling Clinic (drop-in upstairs) a.m.</p> <p>1:15 - 3:30 p.m. - *LTTP</p> <p>Shift your Thoughts, Shift Your Mood's Group – upstairs (registration required)</p>	<p>10</p> <p>Parent Child Mother Goose (Registration required. For information please check www.familyservices.bc.ca)</p> <p>1:15 – 3:30 p.m - *LTTP</p>	<p>11</p> <p>CLOSED Remembrance Day</p>	<p>12</p> <p>9:15 – 11:30 a.m. - *LTTP</p> <p>1:15 - 3:30 p.m. - *LTTP</p>	<p>13</p> <p>CLOSED at Maplewood Please see separate schedule for 255 W. 1st St. programs</p>
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<p>23</p> <p>9:15 – 11:30 a.m. - *LTTP Guest: Nutritionist and Speech Language Pathologist a.m. Counselling Clinic (drop-in upstairs) a.m.</p> <p>1:15 - 3:30 p.m. - *LTTP</p> <p>Shift your Thoughts, Shift Your Mood's Group – upstairs (registration required)</p>	<p>24</p> <p>Parent Child Mother Goose (Registration required. For information please check www.familyservices.bc.ca)</p> <p>1:15 – 3:30 p.m - *LTTP</p>	<p>25</p> <p>CLOSED at Maplewood Please see separate schedule for 255 W. 1st St. programs</p>	<p>26</p> <p>9:15 – 11:30 a.m. - *LTTP Guest: Infant Development Consultant a.m.</p> <p>1:15 - 3:30 p.m. - *LTTP Parent Education p.m. Topic: Mealtime Tips</p>	<p>27</p> <p>CLOSED at Maplewood Please see separate schedule for 255 W. 1st St. programs</p>
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A United Way Member Agency