

Parent Support Group

Free drop-in group for parents & caregivers who have children birth to six years old.

Connect with other parents, and explore what you need to thrive as a parent.



No Cost!

Tuesdays, 12:30 - 2:30

Online, using Zoom

Register at www.familyservices.bc.ca

Facilitated by: Kim Laforest, Family Support Navigator, and Erin Bruchet, Registered Clinical Counsellor

Website: www.familyservices.bc.ca

Email: thrive@familyservices.bc.ca

Facebook: [@thrivefamilyprograms](https://www.facebook.com/thrivefamilyprograms)



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