

Thrive Family Programs continue to offer free services for families and caregivers with children 0-6 years by phone, online platforms, and outdoor programs.

Parent Support Group

Begins September 8 Connect with other parents for conversation and support.
Tuesdays, 12:30 - 2:30 pm
Led by Kim, Family Support Navigator, and Erin, Clinical Counsellor.
Group held virtually, Registration Required.

Outdoor Fall Programs

Outdoor programs at Thrive Maplewood.
Registration required. (no drop-in).
Tues, Thurs, Sat., or Sun.(for Dads) 9:30-11:00 or
Wednesday 1:15-2:45 pm
To register, email thrive@familyservices.bc.ca, with 'Outdoor' in subject line, and day you prefer.

One-to-One Parent Support

Receive additional support, one-to-one.
Led by Kim, Family Support Navigator.
Via Phone - call 604-988-5281, ext. 318.

Breastfeeding Support Group

Connection, consultation, and support.
Begins September 10, Thursdays, 10 am - 12 pm
Led by Marianne, Lactation Consultant, and Kim, Family Support Navigator,
Group held virtually. Registration Required.



Parent-Child Mother Goose

Rhymes, stories, and songs, ten-week group.
Begins September 16, Wednesdays
Infants, 10:30-11:00 am, Toddlers, 9:30-10:15 am
Led by Thrive Facilitators.
Registration begins August 28. Email thrive@familyservices.bc.ca with PCMG in subject line, including infant or toddler.
Group held virtually.

Story Time

Enjoy stories with your child.
Led by Thrive Facilitators.
Video Upload on Facebook

Circle Time

Participate in songs and rhymes with your child.
Led by Thrive Facilitators.
Video Upload on Facebook

To register or for more information, go to familyservices.bc.ca/find-support/thrive-family-programs