



Family  
Services  
NORTH SHORE  
Changing lives together

# Online Grief Support Group

## Have You Been Touched By The Recent Death of Someone You Love?

Find support and healing in a safe and caring environment with others who have also experienced loss.

Mondays, Sept. 28 - Nov. 16

6:30 - 8:00 pm

Free of Cost

Registration Required

### For More Information

Call: 604.988.5281 or

Email: [rivers@familyservices.bc.ca](mailto:rivers@familyservices.bc.ca)



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Thanks for providing a safe and comfortable space to allow sorrow to escape and allow healing.

~ Group member

Offered through Family Services of the North Shore's Companioning Community Care Program, providing support, connection and comfort to family caregivers, and to people living with chronic illness, or grieving the death of someone close.