



Current programs and services for families and caregivers with children 0-6 years.

Outdoor Winter Program

Outdoor programs at Thrive Maplewood. Registration required (drop-in not permitted). 9:30 - 11:30 am Monday, Tuesday, Thursday, and Saturday for Dads, or 1:15-2:45 pm on Wednesday. Find registration information on our website.

Parent-Child Mother Goose

Rhymes, stories, and songs, along with community partners and resources. Wednesdays, 10-11 am, starting January 6, with registration ongoing. Find registration information on our website.

Breastfeeding Support Group

Connection, consultation, and support. Thursdays, 10 am - 12 pm. Led by Marianne, Lactation Consultant, and Kim, Family Support Navigator. Group held virtually. Registration Required.

Story Time

Enjoy stories with your child, led by Thrive Facilitators, videos are uploaded on Facebook.

Circle Time

Participate in songs and rhymes with your child. Led by Thrive Facilitators, videos are uploaded on Facebook.

One-to-One Parent Support

Receive support, one-to-one. Led by Kim, Family Support Navigator. Via Phone - call 604-988-5281, ext. 318.

Parent Support Group

Connect with other parents for conversation and support. Tuesdays, 12:30 - 2:30 pm. Led by Kim, Family Support Navigator, and Erin, Clinical Counsellor. Group held virtually, registration required. Find registration information on our website.

Coffee Connect

Support for parents and caregivers. Mondays 12:45 - 1:45 pm. Led by Shauna, Manager and Carol, Lead Thrive Facilitator. Group held virtually, Registration Required. Find registration information on our website.

Exchange Room & Community Cupboard

Pick up resources for your family. Bring in or drop off donations of clean toys, canned goods, diapers, toiletries, books, clothing for children (birth to age sixteen), as well as maternity clothes and outerwear for all ages. Registration is required for pick up. Email thrive@familyservices.bc.ca, with 'Exchange Room' in the subject line.

To register or for more information, go to familyservices.bc.ca/find-support/thrive-family-programs