



Julia Staub-French

Julia Staub-French is the Executive Director of Family Services of the North Shore, a non-profit, community-based agency that has been providing counselling, support and education for families and individuals for over 60 years. She has been in the role since 2011, and leads a team of 50 staff and contractors, 600 volunteers, serving over 10,000 children, youth, families and individuals each year.

Many North Shore residents know Family Services of the North Shore for its counselling work, drop-in groups, Thrive family centre, and Christmas Bureau, which provides holiday meals and children's toys to low-income families, seniors and people with disabilities.

The Agency has also developed innovative approaches around gender-based violence, youth mental health, transgender youth and parents, eating disorder prevention, and reduced barriers to service for the community's most vulnerable members.

The vision of Family Services of the North Shore is a healthy community where everyone can live full and meaningful lives. This vision has guided Family Services of the North Shore's response to the Covid pandemic and its creation of new programming such as food and meal delivery, outreach calls to families and seniors, and expansion of its volunteer led services.

Julia was a 2018 nominee for the YWCA Women of Distinction Awards, serves as a Board member on the Federation of Community Social Services of BC, and past member of the United Way Campaign Cabinet. She holds a Master's Degree in Counselling Psychology and is a Registered Clinical Counsellor in BC.

On a personal note, she shares her life with Sheryl, her spouse of 27 years, and their two kids, and enjoys coaching her son's basketball team, walks with their dog, cooking, and the general business of life with a very active family.