



A Family Services of the North Shore program



At the Family Services of the North Shore Christmas Bureau we believe a strong caring community is our shared responsibility and that working together we can change lives.

The Family Services of the North Shore Christmas Bureau provides grocery gift cards, toys and holiday gift baskets to local families, seniors and individuals. This year, more than ever, we are here to support your school community.

# **NEED HELP?**

Do you know of a family that may benefit from this giving program? To find out how the program works and what support is available families can call the Christmas Bureau at 604-984-9627 between 10:00am-4:00pm, Monday to Friday, to book an appointment. This will help us to make sure that we understand the family's needs and wishes.

# **WANT TO HELP?**

Now more than ever, the Christmas Bureau is in need of donations and we are grateful for any support we receive. There are many ways you, your team, school or PAC can give back:

- DONATE here to the Family Services of the North Shore donor page.
- Click here to <u>SPONSOR A FAMILY</u> during the holidays.
- Click here for <u>GROCERY GIFT CARD DONATION</u> (select Grocery Gift Card in STEP 1)
   Denominations of \$25 for Walmart, Superstore, Safeway, Thrifty's and
   Save-On Foods are greatly appreciated.
- PUT ON A <u>CARING SCHOOLS INITIATIVES</u> AT YOUR SCHOOL

  Develop your own or put on an existing Caring Schools Initiative (list to follow).

  Please contact your Caring Schools Ambassador, or Kirsten and Ria at <u>caringschools@familyservices.bc.ca</u> for more information.

# **QUESTIONS?**

Contact Kirsten Pejman or Ria Terins <u>caringschools@familyservices.bc.ca</u> or call 604-984-9627











A Family Services of the North Shore program

Listed below are a few <u>Caring Schools Initiatives</u> that are easy to implement and have a huge impact for our North Shore families in need. We are very grateful for any support we receive during another very busy and unique year for schools, and we will strive to ensure all school program are as turn-key and easy as possible to organize.

## "ALL I WANT FOR CHRISTMAS" YOUTH TO YOUTH GIFT CARD CAMPAIGN

#### PROVIDES GIFT CARDS FOR TEENAGERS IN NEED

Students, and staff, think about a gift they would like to receive for the holidays. They then go and buy a gift card with that present in mind. (+\$20 denominations preferred). The gift cards are collected at the school and then dropped to the Christmas Bureau. Gift cards will be given to teenagers who are in need of help. These gift cards allow a teen to be included in activities with their friends that usually are not affordable. Recommended stores: BestBuy, London Drugs, Sephora, fast food restaurants such as McDonalds, "Happy Teen" gift cards, Park Royal gift card.

#### **"SOAP FOR HOPE"**

#### PROVIDES PERSONAL HYGIENE GIFT BAGS TO ALL CHRISTMAS BUREAU CLIENTS

Each division is assigned a personal care product (new, full size) to bring into class. Boxes, or bags, are placed in each classroom for the students to drop their donations. A group of grade 7 students can be recruited to empty the classroom bags every few days or on the final day of the initiative. Donations are gathered and dropped off to the Christmas Bureau. Items in need are: shampoo, conditioner, body wash, deodorant, toothpaste, toothbrush, body cream, shaving cream, razors.

### <u>"WINTER CLOTHING DRIVE"</u>

#### PROVIDES WARM WINTER CLOTHING FOR CHILDREN IN NEED

Students collect clean, gently used winter clothing. Donations are brought to the Christmas Bureau where there is a "shop" set up for families who need winter clothing for their children. Items in need are: winter jackets, snow pants, boots, toques, and gloves.

caringschools@familyservices.bc.ca









## "HELPING HEARTS" ART PROJECT

#### EACH HEART SOLD = 1 BAG OF GROCERIES FOR A FAMILY OF 4

Classes are given pre-cut, canvas hearts to paint (crayon for the younger grades). After hearts are completed they are given back to the Christmas Bureau for assembly. Hearts can be sold or auctioned off to parents of the school. Un-claimed hearts are sold at community pop-up events to raise funds. Each heart sold equals a bag of groceries for a North Shore family of 4.

#### HOLIDAY HUG PROGRAM

Share your holiday spirit with a little box of joy. The Christmas Bureau provides classes with small, individual boxes which students fill with a few little items that represent their own family traditions during the holidays. This can be an ornament, a mug or nonperishable food items. Also included would be a little note explaining their tradition and a few caring words. The boxes are then given back to the Christmas Bureau where they are handed out to North Shore families in need.

## **COMMUNITY SERVICE HOURS**

The Family Services of the North Shore Christmas Bureau has many opportunities for students to volunteer throughout the school year. Activities are either within the Christmas Bureau itself or in their school running Caring Schools Initiatives.

ADDITIONAL QUESTIONS ABOUT THE CHRISTMAS BUREAU AND THE SERVICES WE OFFER? CONTACT CARINGSCHOOLS@FAMILYSERVICES.BC.CA OR CALL 604-984-9627.



FAMILY SERVICES OF THE NORTH SHORE CHRISTMAS BUREAU SUITE 203 -1111 LONSDALE AVENUE NORTH VANCOUVER V7M 2H4 www.familyservices.bc.ca 604-984-9627





# Family Services of the North Shore 2020 Impact Report



"On opening the presents on Christmas Day we were so touched by a stranger's kindness and all the thought that went into their gifts. I personally have never opened so many gifts, normally just watching the kids... so thank you from the bottom of all four of our hearts."

- Christmas Bureau Client

"This experience has been a profoundly bright spot in an otherwise dark year. Many of these people are isolated and lonely and we are able to show them in a small way they're cared about. That they matter."

- Christmas Bureau Volunteer





"I found it a comfort that someone was taking the time to check in with me - it made me feel like I was not forgotten about, that I was part of a community of caring people."

- Christmas Bureau Client

2,500

people supported by the Christmas Bureau (increased need of 20% from 2019)



bags of groceries holiday gift baskets delivered

under 18

hot meals delivered to isolated seniors

hours of counselling

11,000+ volunteer calls to isolated neighbours 550 volunteers completed volunteer hours



Thank you FOR YOUR GENEROSITY

