



Free support, connection, and resources for family and friends caring for older adults.

Drop in for conversation, workshops, relaxation sessions, and counselling.

North Shore Neighbourhood House at
John Braithwaite Community Centre
145 West 1st Street,
North Vancouver

Silver Harbour Seniors Centre
144 East 22nd Street,
North Vancouver

Parkgate Society
3625 Banff Court,
North Vancouver

Capilano Community Services
1733 Lions Gate Lane,
North Vancouver



United Way
British Columbia

Working with communities in BC's
Interior, Lower Mainland, Central
& Northern Vancouver Island



Family Caregivers
of British Columbia

For more information, contact Robin Rivers at
caregiversconnect@familyservices.bc.ca or call 604-988-5281 ext. 354

