



Family
Services
NORTH SHORE
Changing lives together

心连心 家长小组 有效和子女沟通要诀

Building Connections - Chinese Parenting Group

这个家长辅导小组会提供一段自我体验的历程，改善华裔移民家庭与孩子沟通的技巧，发展和提高和谐处理家庭冲突的信心和技巧，进而享受健康家庭沟通的乐趣。

Learn ways to understand and communicate with your children, and develop skills to reduce conflicts at home and increase your tools and strategies as parents in a supportive group environment.

Dates and Location:

4月1日- 6月10日, 星期五, 10周 (4月15日 暂停一次)

早上10点-正午12点

網上视频会议

Fridays, April 1 - June 10, 2022 (No group on April 15)

10am - 12:00 noon

Held online (virtual)



Registration and Information:

必须3/25前报名，通过面谈取录。请联系心理咨询师 姚喻文 Tiffany。

Registration required by March 25.

Please contact Yu-Wen (Tiffany) Yao, MCP-AT, RCC, PROF-AT

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