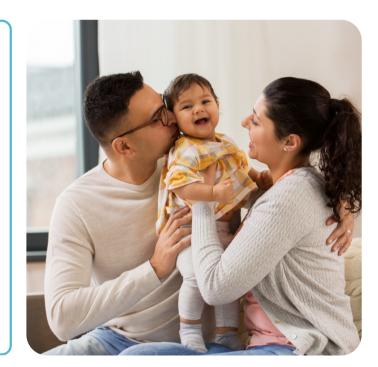
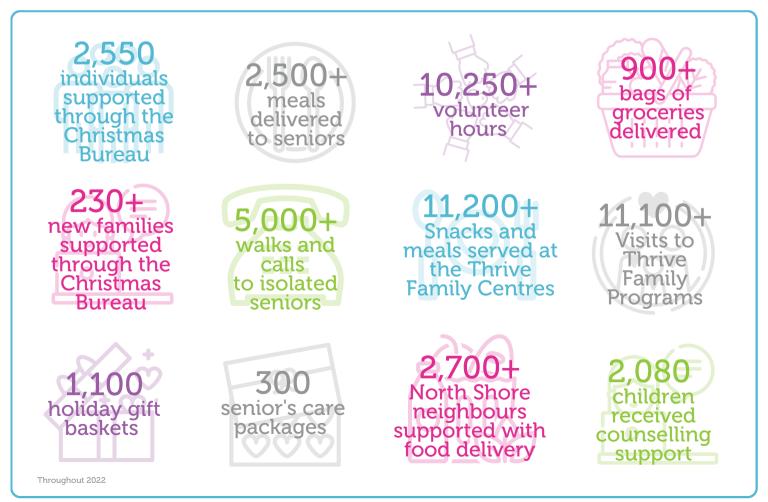
Family Services of the North Shore 2022 Impact Report

Thank you FOR YOUR GENEROSITY

We hope you enjoy reading about the difference our community has made together this past year!

Changing lives together





Because of the support of our community we can

Community Hub

Provide support all throughout the year with groceries, hot meals, gently used clothing, personal hygiene items, resources, connection, and Christmas Bureau holidav gift baskets.



Counselling Support

Offer support through a wide range of issues from simple to complex for children, youth, individuals, seniors, as well as couples and families.



Thrive Family Programs

Provide free family dropin programs for parents and caregivers with children from birth to six vears old.



Jessie's Legacy Eating **Disorders Prevention and Awareness Program**

Provide resources, information, and support for youth struggling with eating disorders, disordered eating, and/or body image.



PROUD2BE Program

Provide free group support and free or low cost counselling for LGBTQ2S+ youth and their families.

Thank you from the families we supported!

"Thank you for making my holiday season bright. I appreciate all you have done for me and my family throughout the year. You are all angels." - Christmas Bureau Recipient



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