

BUBBLES & BRUNCH RAISED \$400,000 FOR WOMEN & CHILDREN ON THE NORTH SHORE

Your support of our 3rd annual Bubbles & Brunch is already making a difference. Thank you for being part of a community deeply committed to safety for women, one that believes no woman or child should ever have to suffer alone.

This year we thank Anita, for bravely sharing her story of abuse and her healing journey. A deeply moving and a powerful reminder of the impact of compassionate support.



“Strong women lift each other up.” Anna at Family Services did just that for me. With her help I began healing from domestic violence and rebuilding my life as a single mom. My 2 boys are thriving thanks to Anna, I couldn't have raised such amazing boys without taking that first step and getting the support I needed. ”
- Anita Rudge, former client and speaker at Bubbles & Brunch

You helped us raise \$400,000 to help others like Anita and her sons. Thank you for helping us create a healthier future for women and their families in our community.

We are here right when women need our help the most. Your support provides immediate crisis support to keep mothers and children safe while they figure out what to do next. A little help at the right time can have a big impact.

“I wanted to create with Family Services, space for open, even loud conversations about gender-based abuse—so anyone who has experienced it knows there is no shame, no stigma, and support is here. ”
- Kristy James, Committee Chair



Thank you!

Together, we are building a safer future for women and children on the North Shore.

Thank you!

your support

helps even more women get immediate support. Since 2024, 150 women and children have come off our waitlist and received support right when they need it.



your gift

maintains 2 full time counsellors, enabling us to continue this critical care and avoid any service disruptions.

this event

keeps the men's groups running year-round so that men can be responsible for their behaviours, and women and children stay safe in their homes.



because of you

4,000+ counselling sessions have been delivered in the past two years.

we are

here right when women need our help the most.

your generosity

ensures that women and children can access critical mental health support when they need it most.

Supporting Women on the North Shore